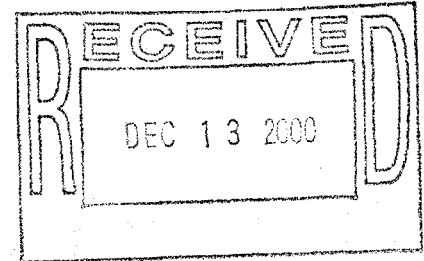


Partners in Health and Beauty

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204



December 5, 2000

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statement on the label of product Maxine's Menopause Formula Tablets (dietary ingredients: vitamin E, vitamin B-6, pantothenic acid, calcium, magnesium, black cohosh, dong quai extract, damiana extract, red clover, horsetail, chaste tree berry, licorice & L-tyrosine.). This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

Nutritional support for the change of life.

Sincerely,

Morag Thorsen
Regulatory Affairs Manager B.A., M.A.L.S.